Risk Management & Insurance



Benefit News

Life Events - Family Status Changes

The Beneflex Annual Enrollment window ended on 10-28-19. Under IRS rules, further changes to your insurance are only allowed if requested within 31 days of experiencing a life event or qualified change in status — such as marriage, divorce, birth of a child, or an employment status change resulting in a loss or gain of insurance coverage. For more information, visit <u>Life Events</u> or call the Risk Management benefits team at 588-6197.

What is a 1095-C Form?

Put simply, it is your proof of insurance for the IRS.

Pinellas County Schools is required to send an annual tax statement Form 1095-C to all employees offered medical insurance in 2019. While this form may assist in preparing a return, it is not required to file a return. If you consent to receive this form electronically, you will be able to view and print this form on the 1095-C section of Employee Self-Service earlier than if you get a paper copy. Employees who do not consent to receive this form electronically, will receive a printed form delivered to their work location by January 31st. To consent to the electronic delivery of your 1095C form, log into: Employee Self Service

Wellness News

Thursday, November 21 - The Great American Smokeout

Since 1977, the third Thursday in November has been designated as the Great American Smokeout. This day encourages current smokers to quit tobacco for 24 hours, hoping that decision will kick-start their journey to quit tobacco for good! If you or someone you know smokes, work to create a plan to quit smoking on November 21. Quitting is hard, please visit pcsb.org/wellness for tobacco cessation resources to help.

For more information about The Great American Smokeout, please visit cancer.org.

Check Your Aetna Health Promise Credits

The end of the year is quickly approaching. Please check your credits to make sure you are not missing any. If you are missing any, please email pcs.oconnellj@pcsb.org or pcs.deorseyg@pcsb.org with the activity, date of activity, and your date of birth. Please allow 30-60 days for credits to be posted before reaching out.

Aetna Health Promise

Other Important Links

Aetna Resources for Living--Your Employee Assistance Program (EAP) provider!

Resources For Living® (RFL) is available for you and your family for in-the-moment emotional support, counseling, and resources. With EAP, you, members living in your household and children up to age 26, regardless of where the children live, are eligible for up to eight sessions per issue. Best of all, the program is confidential and provided at no cost to you.

Easy to access Counseling & Services

You and your household members can access free, confidential support 24/7. They are there to listen and help you find solutions. Your services include:

- **Emotional support** Talk to a counselor about what's on your mind stress, relationships, mood issues and more. You can meet over the phone, face-to-face or online by video stream.
- **Legal** Speak with an attorney about basic legal issues like estate planning, tenant disputes, family issues and more.
- **Financial** Discuss budgeting, credit and more with a financial expert.
- **Daily life assistance** Let our specialists help you solve everyday issues and coordinate caregiving needs.
- **Website** Check out articles, quizzes, webinars and more. Your member website is available in English and Spanish.

You can call **1-800-848-9392** anytime: 24 hours a day, seven days a week. When you call, they'll guide you to resources that can address your needs. In addition, you can visit <u>resourcesforliving.com</u> and enter Username **pcsb** and Password **eap.**

Em ployee Discounts

Pinellas County Schools Main Discount Page

- <u>PerkSpot:</u> cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB
- <u>Tickets At Work:</u> exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more.
 Company code: PCS
- Ruth Eckerd Hall events
- Amalie Arena upcoming events
- Dell promotions
- Tampa Bay Lightning Games
- WrestleMania